



GLOBAL WELLNESS SUMMIT 2024

Wellness Property SHOWCASE



**GLOBAL WELLNESS
SUMMIT**

JOINING TOGETHER. SHAPING THE FUTURE.

ST ANDREWS, SCOTLAND | NOVEMBER 4-7, 2024



The resort features 150 spacious one- and two-bedroom luxury apartments, ranging in size from 720 to 1,200 sq. ft. An array of recreational activities is at guests' fingertips, access to the resort's two-story indoor rock wall and resort pools located throughout the property: the oceanfront Cabana Pool and the adult-only saltwater rooftop Atlantic Pool. Carillon's impressive dining offerings include The Strand, a Mediterranean contemporary dining experience; light bites at Seaglass Cafe; and Tambourine Room by Tristan Brandt, newly minted a one Michelin star, serving modern classic French cuisine with Asian influences for an unforgettable culinary journey.

FEATURES

- **70,000 sq ft Spa & Wellness Facility**
- **Thermal Hydrotherapy Circuit**
- **75+ Weekly Group Fitness Classes**
- **Health & Wellness:** Integrative Medicine, Energy Healing, Reiki, Acupuncture, IV Therapy, Touchless Wellness, and Non-Traditional Spa Experiences.
- **Dining Options:** The Strand, oceanfront restaurant and bar; Tambourine Room by Tristan Brandt - Michelin star French cuisine restaurant with Asian influences, The Corner Store, juice bar and café; Seaglass Café, beach/poolside food and beverage offerings; and In-Suite Dining

MIAMI BEACH, FLORIDA, USA

Carillon Miami Wellness Resort



LOCATION

6801 COLLINS AVENUE,
MIAMI BEACH, FL, USA, 33141

CARILLONHOTEL.COM

@CARILLONHOTEL

KEY FACTS

Number of Rooms: 93

Square Footage: 70,000 sq. ft.

Opening Date: 1958

Located along the white sand shores of Miami Beach, Carillon Miami Wellness Resort presents an authentic and specialized approach to health, wellness, and complete wellbeing. Exuding the "luxury of wellness," the resort focuses on aligning physical, mental, and spiritual health by offering a comprehensive retreat, the largest spa & wellness center on the Eastern Seaboard (70,000 sq. ft.), a one-of-a-kind thermal experience and a medical wellness division, personalized health retreats and services through the Advanced Holistic Center, the biostation at Carillon Miami and more. Discover Touchless Wellness, cutting-edge technology with a range of health benefits such as rapid recovery, weight loss, relaxation, and rejuvenation.





The resort's guest rooms, developed with sleep psychologists, feature circadian rhythm AM + PM Rituals and the proprietary "Dark, Quiet, Cool" setting for deep regeneration. The RoomBar offers a curated selection of adaptogens, skincare, and functional snacks to enhance the guest experience.

The spa features advanced treatments such as hyperbaric chambers, lymphatic drainage, IV drips, and sound therapies, organized into targeted circuits for sleep, beauty, recovery, and performance. Equinox Resort Amaala also provides vibrant food and beverage options that marry indulgence with health, delivering dynamic and social dining experiences throughout the stay.

Equinox Resort Amaala's mission is to empower guests to achieve their highest potential through a blend of luxury and advanced health experiences, from its innovative fitness and movement programming to its integrated marina concept. It is a differentiated offering within Triple Bay, ensuring each guest has the tools and environment to surpass their personal best.

Equinox Resort Amaala is more than a luxury destination; it's a transformative experience for those who seek the ultimate in high-performance living.

FEATURES

- Sleep Psychologist Vetted Room
- AM + PM Rituals Program
- Proprietary Sleep Program
- Reimagined Minibar with 80+ High Performance Products
- Equinox Fitness Club
- Robust Group Fitness, Adventure and Sport Programming
- Tier 1, 2, 3, and Tier X Personalized Training
- Open Air Magnesium Pool
- Mineral Pool
- Speakeasy Grotto
- Meditation Pavillion
- Fitness Pavillion
- EQX Beach Front Sports
- Multiple Food and Beverage Outlets
- Beach front and marina front

EQUINOX RESORT
AMAALA

SAUDI ARABIA

Equinox Resort Amaala

LOCATION

RED SEA COAST
NORTHWESTERN
SAUDI ARABIA

WWW.AMAALA.COM/EN/
[@AMAALA_SA](https://www.instagram.com/AMAALA_SA)

KEY FACTS

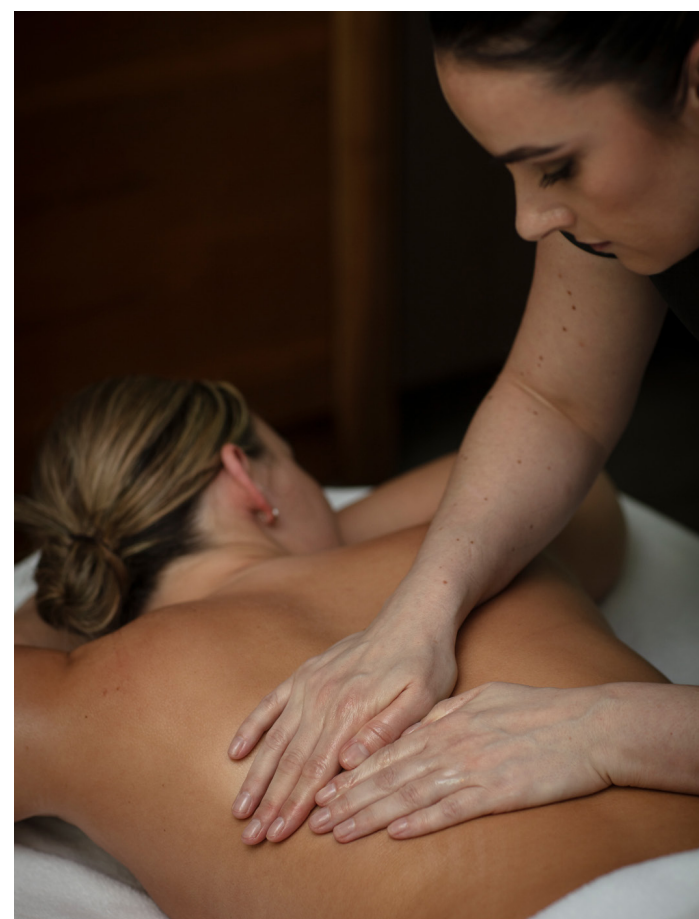
Rooms: 128 keys

Opening date:
September 2025

Equinox Resort Amaala redefines luxury travel by integrating high-performance living with the natural beauty of the Red Sea. Situated within the Triple Bay development, the resort blends Equinox's pillars of movement, nutrition, regeneration, and community with the cultural richness of the region, creating a dynamic environment for peak performance and relaxation.

Programming at Equinox Resort Amaala is designed to offer guests diverse ways to engage, whether through structured group fitness classes, adventure sports, meditation sessions, or personal training. The resort's marina, beachfront, and lush vegetation provide the perfect backdrop for these activities, delivering "on and off" moments where guests can choose to power up or down based on their needs. These experiences are supported by physical, digital, and sensory elements, making every space within the resort come alive in a unique way.





KOHLER
Waters
SPA.

ST ANDREWS, SCOTLAND

Kohler Waters Spa

LOCATION

OLD COURSE HOTEL, GOLF RESORT & SPA, OLD STATION ROAD, ST ANDREWS KY16 9SP

WWW.OLDCOURSEHOTEL.CO.UK

@OLDCOURSEHOTEL

KEY FACTS

- **Number of Rooms:** 175 rooms in hotel, 13 treatment rooms in the spa
- **Square Footage:** 12,240 square feet
- **Opening Date:** March 2006

Just as water ebbs and flows so do our lives. Since 1873, Kohler has been immersed in the natural restorative properties of earth's mineral-rich waters. Inspired by our connection to water, Kohler Waters Spa is designed to help guests discover new depths of relaxation and rejuvenation.

FEATURES

Kohler Waters Spa St Andrews, Scotland

This 12,240 sq ft spa is situated within the Old Course Hotel, Golf Resort & Spa in St Andrews, Scotland. In addition to 13 treatment rooms, Kohler Waters Spa St Andrews features a 20m spa pool, a therapeutic hydrotherapy pool, custom KLAFS steam and sauna, cold plunge, and the UK's first Espuro Foam experience.



KOHLER, WI

Kohler Waters Spa

LOCATION

419 HIGHLAND DRIVE
KOHLER, WI 53044

[WWW.KOHLERWISCONSIN.COM/
WELLNESS/KOHLER-WATER-SPA](http://WWW.KOHLERWISCONSIN.COM/WELLNESS/KOHLER-WATER-SPA)

@KOHLERWATERSSPA

Just as water ebbs and flows so do our lives. Since 1873, Kohler has been immersed in the natural restorative properties of earth’s mineral-rich waters. Inspired by our connection to water, Kohler Waters Spa is designed to help guests discover new depths of relaxation and rejuvenation.

FEATURES

- **Kohler Waters Spa Kohler:** Our flagship and only Forbes five-star rated spa in Wisconsin features a relaxation pool and rooftop whirlpool and deck. In addition to custom KLAFS steam and sauna and a cold plunge pool, this location offers a Mediterranean-style café.
- **Kohler Waters Spa Burr Ridge:** This 14,000sq ft space, located 20 miles west of the Magnificent Mile includes 21 treatment rooms, a 25-foot whirlpool with a cascading waterfall, steam room, sauna, cold plunge pool, relaxation lounge, retail boutique and Mediterranean-style café.

- **Kohler Waters Spa Lodge Kohler:** This 6,000 sq ft spa is located within LODGE KOHLER. In addition to the seven treatment rooms, Kohler Waters Spa Lodge Kohler features a state-of-the-art hydromassage pool, relaxation lounge and coed sauna, steam room, cool plunge pool. This location also includes a full-service salon.
- **Kohler Waters Spa Lincoln Park:** Immerse yourself in more than 20,000 square feet of tranquility in the heart of Lincoln Park, Chicago. With 21 treatment rooms, a thermal suite, sauna and cool plunge pool with lounge seating, an outdoor terrace and state-of-the-art amenities, Kohler Waters Spa is truly an oasis of wellbeing.

KEY FACTS

- **Kohler Waters Spa Kohler:**
Location: Kohler, WI
Year Established: 2000
- **Kohler Waters Spa Burr Ridge**
Location: Burr Ridge, IL
Year Established: 2008
- **Kohler Waters Spa Lodge Kohler**
Location: Green Bay, WI
Year Established: 2017
- **Kohler Waters Spa Lincoln Park**
Location: Chicago, IL
Year Established: 2019





HEITON, KELSO, SCOTLAND

Schloss Roxburghe Hotel

LOCATION

12.18. ROXBURGHE HOTEL GOLF & SPA LTD.

HEITON BY KELSO,
TD5 8JZ SCOTLAND

[HTTPS://SCHLOSSHOTEL-ROXBURGHE.COM/EN/HOME](https://schlosshotel-roxburghe.com/en/home)
@SCHLOSS_ROXBURGHE

KEY FACTS

- **Number of Rooms:** 129
- **Square Footage:** Over 110,000 sq. ft
- **Opening Date:** 2022

Set in the elegant countryside of the Scottish Borders, this historic estate features a luxury hotel, a championship golf course and a range of outdoor activities. In addition to the main house's luxury accommodation, a separate extension offers 58 contemporary bedrooms and suites, a new restaurant, extensive spa facilities set in 600sqm with a heated outdoor swimming pool, and purpose built banqueting suite. Set apart from the main house, nestled in the grounds of the SCHLOSS, are the self-catering cottages - quaint houses that offer every comfort, privacy and plenty of space to feel at home.

ESPA is thrilled to announce an exciting new partnership with SCHLOSS Spa at SCHLOSS Roxburghe Hotel.

The SCHLOSS Spa is an oasis of calm and the ideal place unlock your inner peace. To help relax, take advantage of one of ESPA's natural treatments, enjoy the outdoor heated infinity pool or spend time in one of the brilliant saunas. Experience a wellness journey to remember with an invigorating treatment using ESPA's range of natural products and create a sensory experience that improves both mind and body.

The SCHLOSS Hero treatment is ESPA's Back, Face & Scalp Treatment (£185 / 90 min, £225 / 120 min). Unravel tension, instantly boost the complexion and restore inner calm with ESPA's most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly-personalised facial, to help guests look and feel their very best.

Day Passes starting at £70 and Spa Memberships starting at £1,500 are also available. Enjoy a spa day of splendour or exclusive access all year round with exciting benefits.

FEATURES

- Pool
- Hydrotherapy
- Fitness Studio
- Studio
- Spacious Relaxation Area
- Day Spa
- ESPA facials
- ESPA Body
- ESPA Wrap
- ESPA Hot stones
- Dry Finnish Embedded Sauna
- Aroma Sauna
- Plunge Pool





SIRO One Za'abeel is ideally situated, just a few steps away from the Dubai World Trade Centre and a short 10-minute drive from Downtown Dubai, the Dubai Mall, and the iconic Burj Khalifa. Its convenient and central location make it the perfect base for exploring the city's vibrant culture and landmarks.

SIRO will feature a dedicated Recovery Lab, offering recovery focused treatments that utilize the latest in fitness technology. The Recovery Lab treatments include percussion therapy, electro muscle stimulation, sports massage therapy, IV therapy, cryotherapy, cupping, dry needling and assisted stretching.

FEATURES

- **Designed as a sanctuary** for guests seeking a harmonious balance of comfort and wellness, the guest rooms at SIRO One Za'abeel exude tranquillity through purposeful design and thoughtful amenities.
- **Wake-up technology** featuring motorized blackout blinds rouses guests from their slumber, nurturing their internal body clock for a gradual and natural awakening.
- **Thermo-regulating mattresses** ensure optimal sleep conditions by cooling core body temperatures, promoting restorative rest.
- **Two floors of fitness and recovery** facilities, over 2,000 sqm.

SIRO

DUBAI, UNITED ARAB EMIRATES

SIRO One Za'abeel

LOCATION

ZABEEL STREET, DUBAI,
UNITED ARAB EMIRATES

PHONE 04 666 1717

[WWW.SIROHOTELS.COM/DUBAI/
ONE-ZAABEEL](http://WWW.SIROHOTELS.COM/DUBAI/ONE-ZAABEEL)

@SIROONEZAABEEL

SIRO One Za'abeel is the ultimate hotel for an active lifestyle in the heart of Dubai. Our hotel offers a complete experience under one roof, with rooms that are meticulously designed to help guests overcome jet lag, the world's best gym in a hotel, and a selection of acclaimed culinary experiences at The Link.

During the stay, guests can enjoy a range of complimentary services to enhance the SIRO experience. These include access to our sauna, steam room, and cold plunge pool, as well as group fitness classes. Additionally, we offer one body composition analysis as part of the package, and welcome guests to take advantage of our daily laundry service for up to three pieces of sportswear. The Fitness Lab, which is located on the 30th floor, is open 24/7.

KEY FACTS

- **Number of Rooms:** 132
- **Opening Date:** Feb. 12, 2024





Embark on a holistic wellness journey at Six Senses Spa, where smart technology meets traditional healing methods and the essence of Zen culture; or enjoy ultra-seasonal dining experiences at Sekki, our all-day dining rooted in the local and sustainable Eat With Six Senses ethos. Savor aromatic brews and sweet treats at Cafe Sekki or unwind with crafted concoctions at Nine Tails bar.

FEATURES

- **A Cultural Tribute:** Six Senses Kyoto beautifully marries a modern experience with the elegance of the Heian period, showcasing 504 hand-crafted Rakuyaki tiles in the lobby that evoke the sacred Mount Kurama and the art of the ancient capital.

- **Holistic Wellness Sanctuary:** Indulge in personalized wellness journeys at Six Senses Spa, featuring a locally inspired Ah-un treatment, merging Zen philosophies with cutting-edge recovery techniques for body and mind rejuvenation.
- **Seasonal Culinary Adventure:** Dining at Sekki offers a vibrant journey through Japan's 24 solar seasons, with hyper-seasonal menus crafted from local ingredients, ensuring every meal is a delightful discovery of flavors and sustainability.



KYOTO, JAPAN

Six Senses Kyoto

LOCATION

431 MYŌHŌIN MAEKAWACHŌ,
HIGASHIYAMA WARD, KYOTO,
605-0932, JAPAN

[SIXSENSES.COM/KYOTO](https://senses.com/kyoto)

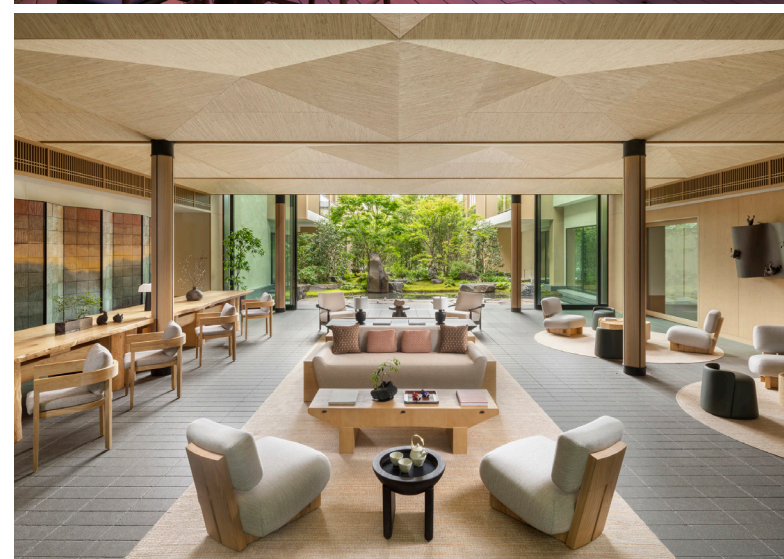
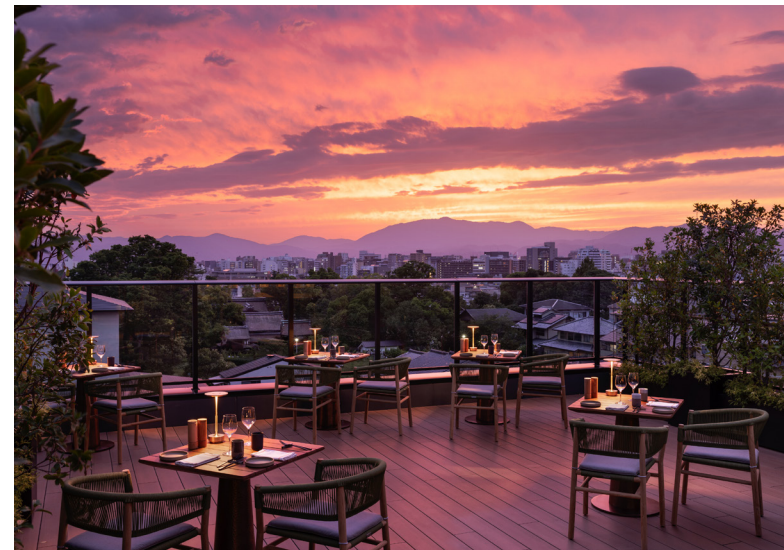
@SIXSENSESKYOTO

Historically the capital and still thought to be the cultural and historical heart of Japan, Kyoto is famed for its Buddhist temples, Shinto shrines, palaces, traditional Japanese architecture, beautiful cherry blossoms, and mountains covered in centuries-old cedar trees surrounding the city. You'll find us in the tranquil Higashiyama district, we're an easy walk from the Myoho-in Temple, Kyoto National Museum and Sanjusangendo Buddhist Temple – offering a serene sanctuary inspired by the flourishing art and cultural heritage from the Heian era.

KEY FACTS

- **Number of Rooms:** 81
- **Square Footage:** 450 to 2600 sq ft
- **Opening Date:** April 2024

Design touches inspired by the literary masterpiece *The Tale of Genji* as well as ancient folklores are woven through the hotel, embodying the aesthetics and elegant sensibility of the notion of Miyabi back in the period. Choose your view in one of our 81 rooms and suites – either our internal courtyard, the city, or the garden of the famous 16th-century Toyokuni Shrine opposite us.



2024 SHOWCASE PROPERTIES



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