



GLOBAL WELLNESS
SUMMIT 2018



2018 Global Wellness Summit
Lefay Resort & SPA Lago di Garda - Post-Summit Excursion
October 8-12, 2018



***Lefay Resort & SPA Lago di Garda: Sustainability Meets
Wellness & Italian Luxury***

Located on stunning Lake Garda in Riviera dei Limon, Lefay Resort & SPA Lago di Garda has received international accolades for its wellness philosophy and commitment to sustainability. Dedicated to sustaining a green environment, Lefay was the first Italian company in the tourism industry to sign an agreement with the Italian Ministry of the Environment for projects aimed at neutralization of CO2 emissions. Join us as we explore, experience and immerse ourselves in the unique Lefay SPA Method wellness philosophy, blending classical Chinese medicine with Western scientific research. Summit Guests will enjoy a special cocktail reception with Alcide Leali, managing director.

What You Need to Know:

Dates: October 8-12

This post-Summit excursion will depart Cesena immediately following the Global Wellness Summit closing ceremony on Monday, October 8. We will travel by coach to the breathtaking area of Lake Garda where we will make our way to Lefay Resort & SPA Lago di Garda.

Departures: Individual departures should be scheduled for October 12.

Nearest airports for departure flights: Verona, Bergamo, Milan



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Lefay Resort & SPA Lago di Garda Program for each guest includes:

- ~Transfer from Technogym to Lefay Resort & SPA
- ~Lefay SPA Discovery Health Program
 - Initial examination to determine energy levels*
 - Breakfast, lunch and dinner with Lefay SPA menu*
 - Personalized phytotherapy*
 - 1 Lefay SPA energy facial massage Derma di Luce*
 - 1 personalized Lefay SPA energy body massage*
 - 1 energy hydro-aromatherapy session with essential oils*
 - 1 guided walk in the energy therapeutic garden*
 - Aperitif with Alcide Leali, Managing Director of Lefay Resort & SPA*
 - 1 activity for rebalancing physical*
 - Final interview at the end of the program*
- ~Excursion to Limonaia La Malora, guided tour and limoncello tasting followed by a walk by the lake in Gargnano, a typical Italian village
- ~Guided visit to Vittoriale degli Italiani Museum
- ~Cocktail reception with Alcide Leali
- ~Transfer to Salò for shopping and exploration in one of the main villages of Lake Garda

Lefay Resort & SPA Lago di Garda Program does not include:

- ~Departure transfers from Lefay Resort & SPA; transfers can be pre-arranged directly with Lefay.
- ~Any additional items not specifically noted.

Lefay Resort & SPA Lago di Garda Post-Summit Tour Itinerary:

Monday, October 8

- ~Immediately following the closing of the 2018 Global Wellness Summit, our journey begins as guests board a mini-bus for the beautiful drive to Lefay Resort & SPA. Our journey will take approximately 3.5-4 hours during which time we will have time to acquaint ourselves with new friends and catchup with long-time friends.
- ~As we ascend the mountain for our arrival at Lefay Resort & SPA, allow your body to relax with anticipation of the magical days ahead!
- ~Upon arrival at Lefay Resort & SPA, your rooms will be ready for you to check-in and refresh, followed by a light dinner at La Grande Limonaia Restaurant



Tuesday, October 9

~Enjoy the delicious regional and international choices presented to you at the beautiful Lefay breakfast buffet.

~Today, you will meet with the medical staff for your initial Medical Interview. Following your meeting, where your personalized program will be suggested for the week, you will begin to enjoy amazing treatments from the Lefay SPA Method Discovery Program, and you will have free time to simply relax and enjoy the Lefay SPA.

~When you are ready, make your way to La Grande Limonaia Restaurant at Lefay where you can enjoy your lunch while savoring the amazing views and relaxing spirit.

~This afternoon, the Lefay team has arranged a tour for us at Limonaia la Malora ("Limonaia" the lemon garden), a structure dating back to the sixteenth century used for the cultivation of lemons. While most lemon gardens have been abandoned or redeployed, the owner of Limonaia la Malora, Giuseppe Gandossi and his son, Fabio, have a passion and commitment to continue the tradition at this enchanting location. We will have a guided tour and limoncello tasting followed by a walk by the lake in Gargnano, a typical, charming Italian village.

~Following our excursion, we will return to Lefay where you will continue to enjoy treatments from the Lefay SPA Method Discovery Program and free time in Lefay SPA.

~This evening, we will have a special welcome cocktail with Managing Director Alcide Leall, followed by a communal dinner at La Grande Limonaia Restaurant with a special wellness menu created for our group.

Wednesday, October 10

~Enjoy your breakfast at the Lefay breakfast buffet, followed by a guided walk into the Energy Therapeutic Gardens. The scents, the sounds and the beauty of this beautiful location will envelop you as you walk and savor the trail.

~Lunch at your leisure at La Grande Limonaia Restaurant

~This afternoon, we have another special excursion to Gardane Riviera with a guided visit to Vittoriale degli Italiani Museum, the former home of Gabriele d'Annunzio. Following our tour, we will return to Lefay for treatments from the Lefay SPA Method Discovery Program and free time in Lefay SPA.

~Following this beautiful day, we will enjoy a communal dinner at La Grande Limonaia Restaurant with a special wellness menu created for our group.



Thursday, October 11

~Enjoy coffee and breakfast at your leisure at the Lefay breakfast buffet.

~Following breakfast, join us as we engage in a Holistic Seasonal Activity Fitness session.

~After our fitness session, take time to enjoy your lunch at La Grande Limonaia Restaurant.

~This afternoon, our final excursion has been arranged by the Lefay team to transfer us to Salò for walking, shopping and exploration of one of the main villages of Lake Garda.

~After enjoying our time at Salò, we will return to Lefay for treatments from the Lefay SPA Method Discovery Program and free time in Lefay SPA.

~This evening we will come together to enjoy our final communal dinner at La Grande Limonaia Restaurant with a special wellness menu.

Friday, October 12

~After your amazing time at Lefay Resort & SPA, enjoy the delicious breakfast buffet and perhaps time by the pool or a lovely walk on the grounds before packing, checking-out and planning for your next visit to this remarkable location.

*Specific timing of activities noted above may change based on number of attendees.

We would love to have you join us for this incredible Post-Summit trip to Lefay Resort & SPA! To reserve or for additional questions you may have, please e-mail Chris Torgerson at chris@stonearchtravel.com. *Space is limited, and the deadline to complete your registration is August 1, 2018.*



Pricing for Lefay Resort & SPA Lago di Garda Post-Summit Tour*:

Prestige Junior Suite with lake view, 4 nights - Single occupancy: €1,650 per person

Prestige Junior Suite with lake view, 4 nights - *Double* occupancy: €1,400 per person

Deluxe Junior Suite with lake view, includes private balcony, 4 nights - Single occupancy: €1,750 per person

Deluxe Junior Suite with lake view, includes private balcony, 4 nights - *Double* occupancy €1,450 per person

***Please note:** This trip is quoted in Euros; conversion and bank fees will be calculated by your credit card merchant (if paying by credit card) or bank (if opting for a bank transfer) at the time of payment.

A 25% non-refundable deposit is due at the time of booking, and final payment is due August 1, 2018.

Cancellation Policy

Cancellation prior to August 1:	25% of total tour price is non-refundable
Cancellation after August 1:	50% of total tour price is non-refundable
Cancellation after September 1:	100% of total tour price is non-refundable